



The South West District for Culture, Recreation & Sport

is teaming up with the

Sport Medicine & Science Council of Saskatchewan
and
Millar College in Pambrun

to bring you another

Sport Medicine Workshop

Sport Taping – January 8, 2011

9am – 5pm

This course includes injury assessment and management, taping theory (benefits, when and why you tape, common mistakes, taping techniques) and plenty of actual taping instruction and practical taping time on the ankle, wrist, thumb, finger, and functional wrapping of the hip. A wallet card is provided to participants who complete the entire course. A fee of approximately \$10 per participant is required to cover the actual cost of taping material used.

The Workshop will be held at:

Administration Building
Millar College
Pambrun, SK

(watch for the Administration sign coming into Pambrun)

There will be a break from 10:30 – 11:30 for brunch. A brunch is available at Millar College for \$8.50 per person, or you may bring your own lunch.

For further information contact Anne Weisgerber
SWDCRS office – 662-3242, fax 662-2131
Email a.weisgerber.swdcrs@sasktel.net

SUPPORTED BY:





South West District for Culture, Recreation & Sport

Sport Medicine Workshop – January 8, 2011

Sport Taping

Registration Form

Name _____

Address _____

City _____ Postal Code _____

Email _____ Phone _____

A fee for the actual cost of taping material will be collected at the workshop – approximately \$10 per participant. Cash or cheques accepted. Please make cheques payable to the Sport Medicine & Science Council of Saskatchewan.

The Workshop will be held at:
Administration Building, Millar College
Pambrun, SK
(watch for the Administration sign coming into Pambrun)

If you would like to partake in the brunch for \$8.50, please indicate (so we know numbers):
_____ Yes
_____ No

Signature _____

Send to:
Anne Weisgerber
Coordinator
South West District for Culture, Recreation & Sport
Phone: 662-3242 fax: 662-2131
Box 638 Maple Creek, SK S0N 1N0
a.weisgerber.swdcrs@sasktel.net

SUPPORTED BY:

