



# Team South West 2010



# Athlete Information Guide

**2010 Saskatchewan Winter Games**

**Moose Jaw**

**February 14-20**

*Saskatchewan*  
**LOTTERIES**



# ***Message from the Chef de Mission***

Athletes, Coaches and Managers;

A new tradition begins with you! The inaugural Team South West will participate in the 2010 Saskatchewan Winter Games in an array of sporting excellence and within the spirit of sportsmanship. The legacy of Zone 3 will live on through your participation. Congratulations on being chosen for Team South West 2010.

The Saskatchewan Games bring together the best amateur athletes in the largest multi-sport competition in our province. Everyone has talents and skills in their sport and this is your time to shine. Your training is complete, and all we ask of you is to try your best. There is no limit to your success. The dream of the Olympics must start somewhere...yours can start in Moose Jaw.

Enjoy the Games in Moose Jaw. There are opportunities to take part in related activities and be a member of a larger team. Opportunity exists for cultural events as well as times to meet other athletes. Your time there is a chance to make new friends and discover our province through them. It is a unique experience that I hope you will look back on with fond memories.

Thanks to all managers, coaches and athletes for the time and sacrifice you have spent in an effort to make the games experience a memorable one. Champions are not made in the gyms, on the ice or in the snow. Champions are made from something they have deep inside them -- a desire, a dream, a vision. Play hard, play fair and have fun!

Scott Osmachenko  
Chef de Mission  
Team South West 2010

# Saskatchewan Games Information

## Background

The Saskatchewan Games are the largest multi-sport event in this province, drawing young people from all corners of Saskatchewan. The Games were first held in Moose Jaw in 1972 and have been a strong developmental force for all sport within the province.

Over the years, the Saskatchewan Games have been a stepping stone for many of our province's, and even our country's top athletes. Jason Parker of Yorkton competed for Zone 4 in the Saskatchewan Winter Games and became a member of the Canadian National Speed Skating Team. Former NHL Stars Gord Kluzak, and Marc Habschied competed for Zone 3 at the 1978 Winter Games in Moose Jaw. Former Ladies World Curling and Olympic champion, Sandra Schmirler competed as a Swimmer for Zone 7 at the Saskatchewan Summer Games held in Swift Current, 1976. Caley Millar of Chaplin competed in the Sask. Winter Games and then went on to the Canada Winter Games in Cornerbrook, Nfld. And this is only a few of the hundreds of athletes who have progressed from the Saskatchewan Games to compete at national and international competitions.

In addition to those athletes who have furthered their athletic careers at a national, international and professional level, there have been over 20,000 athletes who have experienced the competition and the excitement generated at the Saskatchewan Games since 1972.

Below is a listing of host communities for the Saskatchewan Games program since its inception in 1972. Each of these communities has been very successful in hosting this major event, and the same is expected of Moose Jaw for these 2010 Saskatchewan Winter Games.

## Previous Games

### Saskatchewan Summer Games

1972 Moose Jaw  
1976 Swift Current  
1980 Estevan  
1984 North Battleford  
1988 Melfort  
1992 Prince Albert  
1996 Moose Jaw  
2000 Yorkton  
2004 Weyburn  
2008 Lloydminster

### Saskatchewan Winter Games

1974 North Battleford  
1978 Moose Jaw  
1982 Prince Albert  
1986 Yorkton  
1990 Melville  
1994 Kindersley  
1998 Nipawin  
2002 Humboldt  
2006 Melfort

## Games Awards

### Joe Griffiths Trophy

This trophy, named after Saskatchewan Hall of Fame and former Canadian Olympic track team coach Joe Griffiths, is awarded to the district showing the most improvement from their final standing at previous Saskatchewan Games, with the comparison being made on a winter-to-winter and summer-to-summer basis.

#### Team South West Placings for Joe Griffiths Trophy:

1976 4 <sup>th</sup>	1994 3 <sup>rd</sup>
1978 1 <sup>st</sup>	1996 2 <sup>nd</sup>
1980 4 <sup>th</sup>	1998 3 <sup>rd</sup>
1982 8 <sup>th</sup>	2000 5 <sup>th</sup>
1984 8 <sup>th</sup>	2002 8 <sup>th</sup>
1986 4 <sup>th</sup>	2004 8 <sup>th</sup>
1988 7 <sup>th</sup>	2006 2 <sup>nd</sup>
1990 3 <sup>rd</sup>	2008 1 <sup>st</sup>
1992 1 <sup>st</sup>	

### Games Flag

The Games Flag is awarded to the District which accumulates the most sport points during the competition week. **Every** position and point earned by **each** and **every** athlete of Team South West contributes to our overall performance and to our final standing, **not just medals. The Games are a total team effort and each individual's performance is important.**

#### Team South West Placings for the Games Flag:

1972 3 <sup>rd</sup>	1992 4 <sup>th</sup>
1974 3 <sup>rd</sup>	1994 4 <sup>th</sup>
1976 3 <sup>rd</sup>	1996 2 <sup>nd</sup>
1978 3 <sup>rd</sup>	1998 2 <sup>nd</sup>
1980 2 <sup>nd</sup>	2000 4 <sup>th</sup>
1982 5 <sup>th</sup>	2002 8 <sup>th</sup>
1984 4 <sup>th</sup>	2004 5 <sup>th</sup>
1986 5 <sup>th</sup>	2006 5 <sup>th</sup>
1988 7 <sup>th</sup>	2008 4 <sup>th</sup>
1990 5 <sup>th</sup>	

# **Rules for Athletes, Coaches & Managers**

## **As a member of Team South West you must:**

- Abide by the Saskatchewan Games Code of Conduct, which you have signed.
- Reside in the Athletes Village and follow the rules established within it.
- Wear the assigned Team South West Walk-out uniform at all Opening and Closing Ceremonies of the Games.
- Wear your Team South West uniform at Medal presentations and for all media interviews.
- Respect your teammates and other competitors' schedules. Even if you may not compete until later in the day, someone within your room or next door may have an early competition and need their sleep to compete to the best of their ability.

## **Athlete Registration Fee**

As each of you already know, there is an athlete registration fee for each member of Team South West 2010. This fee of \$75 must be paid to your coach/manager by no later than the Pep Rally on February 7<sup>th</sup>.

While you are at the Saskatchewan Games you will be provided with meals, transportation and accommodations at the Athletes Village at no cost. Please look in your Saskatchewan Games Participant Handbook for more details regarding meals and the Athletes Village.

The Athletes Village will give you the opportunity to take in the atmosphere of the Games and provide you with the chance to meet people from all across the province. Throughout the week, there will be approximately 2000 athletes in Moose Jaw. Take advantage of this experience and enjoy the benefits of what the Saskatchewan Games are all about. There are some cultural activities going on at the time. Please try to take in one or two of these.

## **Walk-out Uniform**

The Walk-out Uniform is the outfit which is worn by all of the athletes, coaches, managers and mission staff at events such as the Opening and Closing Ceremonies, Medal Presentations and team Media Conferences.

The official Walk-out Uniform for Team South West 2010 is the Team South West black & gold shell jacket, hoodie, t-shirt and toque. In order to portray a professional sporting image we request that everyone wear a pair of black pants for the Opening or Closing Ceremonies.

## What to Bring to the Games

You will need to bring your own personal items to Moose Jaw. Weather in Moose Jaw in February should be normal winter weather. Pack for cold!!

### Pack the following:

- your Participant Handbook
- your Team South West Athlete Information Guide
- sleeping bag and pillow – bunk beds are provided, but not bedding
- appropriate clothing for winter – jacket, hat, mitts, sweats, sweaters etc.
- your Team South West walk-out uniform (shell jacket, hoodie, t-shirt and toque)
- competition uniform (each team should be dressed the same, not necessarily District colors)
- footwear – boots, indoor shoes, etc.
- sports equipment you will need to compete
- personal toiletries - soap, shampoo, deodorant, toothbrush, shower sandals, etc.
- personal identification – hospitalization card, driver's license, etc.
- towel(s) and face cloth
- a combination lock (lockers are available for personal use)
- pajamas
- water bottle
- spending money (**Do Not Bring Large Amounts of Cash; it's too easy to lose**).

### Other Suggestions of What To Bring:

- facial tissues
- lip balm
- moisturizer
- camera
- wrist watch
- **ear plugs** (yes, some people are **loud** sleepers)
- alarm clock

**Remember to clearly identify all of your personal belongings, especially your uniform. All of the members of Team South West have the same walk-out uniform – write your name on yours! You must be able to carry what you pack!**

## Mission Staff

The Mission Staff are an integral part of Team South West 2010. Under the direction of the Chef-de-Mission, they are responsible for the overall management of Team South West prior to and during the Games, for coordinating the Team South West team, and for acting as a link between the team and the Host Committee in Moose Jaw.

The Mission Staff are assigned to sports and work on behalf of Team South West, so athletes and coaches can focus on competition and enjoy their experience at the 2010 Saskatchewan Winter Games. The Team South West Mission Staff are comprised of members of the South West District for Culture, Recreation and Sport Board of Directors and staff, and volunteers from the Sport Community in Southwest Saskatchewan.

Our Mission staff are very approachable and knowledgeable, so don't hesitate to talk to them and ask them for help if you need it.

### Team South West 2010 Mission Staff

Role	Name	Resides In	Sport	
			1 <sup>st</sup> Half	2 <sup>nd</sup> Half
Chef de Mission	Scott Osmachenko	Moose Jaw	Biathlon/Air Rifle	Air Pistol
Asst. Chef de Mission	Anne Weisgerber	Maple Creek	Curling (Male)	Table Tennis
Mission Staff	Richie Bleau	Gull Lake	Hockey (Male)	Wrestling
Mission Staff	Tara Weisgerber	Maple Creek/ Saskatoon	Badminton	Gymnastics
Mission Staff	Colette Therrien- Heschel	Morse	Bowling	Curling (Female)
Mission Staff	John Shurniak	Moose Jaw	Alpine Skiing	Speed Skating
Mission Staff	Nicole Peno	Swift Current	Figure Skating	
Mission Staff	Clarke Tavanetz	Gull Lake	Judo	
Mission Staff	Harvey Hysuik	Assiniboia		Hockey (Female)

The Team South West 2010 Mission Office will be located in the Library at the Games Village in Peacock Collegiate in Moose Jaw. Each District has their own mission desk - look for the gold and black decorated desk!

Our **phone number** at the Team South West Mission desk throughout the week will be **(306)693-4626**. This gets you to Peacock, then follow the prompts.

## **A Special Thank you to the Sport Contacts**

The Sport Contacts for Team South West 2010 are those individuals who coordinate a lot of the action required to select the athletes and teams attending the 2010 Saskatchewan Winter Games as representatives of Southwest Saskatchewan. These are the volunteers who work with the Provincial Sport Governing Body. They are ultimately responsible for the coordination of District Playdowns and ensuring that we are sending the most capable team possible to compete for Team South West at these Games. These sport contacts are valuable members of Team South West and should be congratulated for all of their time and efforts committed to preparing this team.

### Team South West 2010 Sport Contacts:

Air Pistol	Kevin Tondevold	Moose Jaw
Air Rifle	Stan Wiktorowski	Moose Jaw
Alpine Skiing	Kim Thingelstad	Swift Current
Badminton	Dennis Franz	Fox Valley
Biathlon	Stan Wiktorowski	Moose Jaw
Bowling	Frank Lacher	Moose Jaw
Curling	Lorne Belsher	McCord
Figure Skating	Joanne Sourwine	Moose Jaw
Gymnastics	Brianna Fifield	Swift Current
Ice Hockey Male	Wayne Peterson	Central Butte
Ice Hockey Female	Ken Symenuk	Central Butte
Judo	Dan Orescanin	Moose Jaw
Speed Skating	Kell Viczko	Moose Jaw
Table Tennis	Dale Lawrence	Mossbank
Wrestling	Curtis Biem	Swift Current

# Transportation to and from Saskatchewan Games

Bus Transportation is provided for all Team South West 2010 members to and from Moose Jaw by Moose Mountain Bus Lines. Departure and drop off location is Swift Current Mall. Usually, all team members are required to use the bus transportation provided, even if parents are going. Because the Games are in Moose Jaw this year, and we only have one bus that will travel from Swift Current, it is accepted that those athletes that live closer to Moose Jaw than Swift Current will arrive at the Games meeting location on their own. This is a bit unfortunate, because the bus ride on the way to the Games is part of the Games experience and is meant to be fun way to meet some other participants!

## Travel By Bus

There will be one bus traveling to Moose Jaw from Swift Current, on both Sunday Feb 14 and Wednesday, February 17. There will also be one bus traveling home from Moose Jaw to Swift Current, on Wednesday, February 17 and Saturday, February 20.

Please make sure all luggage and equipment is identified with your own **NAMETAG**.

Please make sure you have made transportation arrangements with your families and/or coach/manager **to and from** the bus departure/arrival location.

**Departing Athletes, Coaches and Managers should meet at their designated departure point (mall parking lot) half an hour early (8:30 AM), in order to load the bus and be there for roll call, so the bus can depart on schedule.**

## **Team South West Bus Schedule**

**1st Half Sports: Air Rifle, Alpine Skiing, Badminton, Biathlon, Bowling, Special O Bowling, Curling (Male), Figure Skating, Hockey (Male), Judo**

### **To Moose Jaw: Sunday, February 14**

Depart	Swift Current	9:00 AM	Swift Current Mall - south parking lot
Arrive	Moose Jaw	11:15 AM	Registration/Accreditation time is from 11:30-12:00 noon

### **Return trip: Wednesday, February 17**

Depart	Moose Jaw	*4:00 PM	
Arrive	Swift Current	*6:00 PM	Swift Current Mall - south parking lot

**2nd Half Sports: Air Pistol, Cross Country Skiing, Curling (Female), Special O Curling, Gymnastics, Hockey (Female), Speed Skating, Table Tennis, Wrestling**

**To Moose Jaw: Wednesday, February 17**

Depart	Swift Current	9:00 AM	Swift Current Mall - south parking lot
Arrive	Moose Jaw	11:15 AM	Registration/Accreditation time is from 11:30-12:00 noon

**Return Trip: Saturday, February 20**

Depart	Moose Jaw	*5:45 PM	After Closing Ceremonies
Arrive	Swift Current	*7:45 PM	Swift Current Mall - south parking lot

**\*Return trip departure and arrival times are approximate and determined by the bus company, competition schedules and Closing Ceremonies. Those meeting to pick up the athletes on their return home should arrive early as the buses could be early.**

**Travel by Car**

Athletes must ensure that their coach knows if you plan to take the bus or arrive in Moose Jaw by another means. We do not encourage athletes to drive themselves to the Games. Parking will not be available for athlete vehicles. Please arrange to have your parents or another adult drive you to Moose Jaw, if it is not convenient to take the bus.

Athletes, coaches and managers who are arriving by vehicle please meet in Room 109 at Peacock Collegiate. It is on the bottom floor of Peacock, past the student lounge area, which is a left turn and a short walk once you come in the only entrance to the village – it will be marked. **Registration/Accreditation time is from 11:30-12:00 noon; please arrive before that.**

**Travel Home**

Athletes may travel home with their parents, as long as the appropriate Travel Permission Form has been signed by parent/guardian and returned to your coach/manager. This is required even for those that arrive with their parents – we have to know who is picking our athletes up.

Travel permission slips can be obtained from coach or manager and the District office (prior to the Games), at the Pep Rally or from the Mission Desk (at the Games) and parents should have them completed and turned in as soon as possible.

## **VERY IMPORTANT INFORMATION!**

### **Accreditation Time**

Accreditation time for Team South West is 11:30 – 12noon on both Sunday and Wednesday. Please ensure that you arrive at Peacock Collegiate, the Games Village, no later than 11:30 on your arrival day.

### **Lunch on Arrival Day (Sunday or Wednesday)**

**Please make sure that you have a bag lunch for your arrival day. Lunch will NOT be provided in Moose Jaw on arrival day. The first meal provided will be supper on the evening of your arrival.**

## **CONTACT INFORMATION**

**If you have questions or concerns, please feel free to contact:**

*Prior to February 13:*

Anne Weisgerber      Assistant Chef de Mission  
South West District for Culture, Recreation & Sport (Maple Creek office)  
(306) 662-3242 – office phone  
(306) 662-7370 - February 13 forward

*Beginning at 12:00 noon, February 14:*

Team South West Mission Desk in Moose Jaw - (306)693-4626, then follow the prompts

**Visit our website at [www.swdcrs.ca](http://www.swdcrs.ca)**

For more information on the Saskatchewan Winter Games regarding schedules and tickets please visit [www.saskgames](http://www.saskgames) or call (306) 693-3611

## **GOOD LUCK!**

**The Board & Staff of the South West District for Culture, Recreation & Sport congratulates you on achieving Team South West status, and wishes you the best of luck and good competition. Play hard, play fair, have fun!**