

40 DEVELOPMENTAL ASSETS

Asset Type	Asset Name & Definition
Support	<ol style="list-style-type: none"> 1. Family Support – Family Life Provides high levels of love and support 2. Positive Family Communication – Young person and his or her parent(s) communicate positively, and young person is willing to seek advice and counsel from parent(s) 3. Other Adult Relationships - Young person receives support from three or more non-parent adults 4. Caring Neighborhood – Young person experiences caring neighbors 5. Caring School Environment – School provides a caring, encouraging environment 6. Parent Involvement in Schooling – Parent(s) are actively involved in helping young person succeed in school
Empowerment	<ol style="list-style-type: none"> 7. Community Values Youth – Young person perceives that adults in the community value youth 8. Youth as Resources – Young people are given useful roles in the community 9. Service to Others – Young person serves in the community one hour or more per week 10. Safety – Young person feels safe at home, at school, and in the neighborhood
Boundaries & Expectations	<ol style="list-style-type: none"> 11. Family Boundaries – Family has clear rules and consequences and monitors the young persons whereabouts 12. School Boundaries – School provides clear rules and consequences 13. Neighborhood boundaries – Neighbors take responsibility for monitoring young people's behavior 14. Adult Role Models – Parent(s) and other adults model positive, responsible behavior 15. Positive Peer Influence – Young persons best friends model responsible behavior 16. High Expectations – Both parent(s) and teachers encourage young person to do well
Constructive Use of Time	<ol style="list-style-type: none"> 17. Creative Activities – Young person spends three or more hours per week in lessons or practice in music, theatre, or other arts 18. Youth Programs – Young person spends three or more hours per week in sports clubs or other organizations at school and/or in the community 19. Religious Community – Young person spends one or more hours per week in a religious institution 20. Time at Home – Young person is out with friends “with nothing special to do” two or fewer nights per week
Commitment to Learning	<ol style="list-style-type: none"> 21. Achievement Motivation – Young person is motivated to do well in school 22. School Engagement – Young person is actively engaged in learning 23. Homework – Young person cares about doing at least one hour of homework every school day 24. Bonding to School – Young person cares about his or her school 25. Reading for Pleasure – Young person reads for pleasure three or more hours per week
Positive Values	<ol style="list-style-type: none"> 26. Caring – Young person places high value on helping other people 27. Equality and Social Justice – Young person places high value on promoting equality and reducing hunger and poverty 28. Integrity – Young person acts on convictions and stand up for her or his beliefs 29. Honesty – young person “tells the truth even when it is not easy” 30. Responsibility – Young person accepts and takes personal responsibility 31. Restraint – Young person believes it is important not to be sexually active or to use alcohol or other drugs
Social Competencies	<ol style="list-style-type: none"> 32. Planning and Decision Making – Young person knows how to plan ahead and make choices 33. Interpersonal Competencies – Young person has empathy, sensitivity, and friendship skills 34. Cultural Competence – Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds 35. Resistance Skills – Young person can resist negative peer pressure 36. Peaceful Conflict Resolution – Young person seeks to resolve conflict nonviolently
Positive Identity	<ol style="list-style-type: none"> 37. Personal Power – Young person feels she or he has control over “things that happen to me” 38. Self-Esteem – Young person reports having a high self-esteem 39. Sense of Purpose – Young person reports that “my life has a purpose” 40. Positive View on Personal Future – Young person is optimistic about her or his personal future