

LEADERSHIP
CREATIVITY
ACTIVE LIVING



>> WELLNESS WAGON

Wellness Wagon

Wellness Wagon helps your community plan events for children, youth, adults, seniors, families or your entire community.

South West District for Culture, Recreation and Sport will assist up to 10 communities to offer 4 Wellness Wagon programs between April 1, 2011 and March 31, 2012. SWDCRS will reimburse your recreation board for 4 program instructors at \$30.00 for each minimum 2 hour program delivered and support a Wellness Wagon Coordinator at \$20.00 per program delivered.

Yoga; Chocolate Making; Build a Bird House; Make a Willow Basket; Make Up Application; Manicures; Family Day Event; Pedicures; Crafts; Card Games; Activity Night; Sport Clinics; Horseshoe Clinic; Sleigh Rides; Dance Night; Scavenger Night; Snowman Making Contest; Painting Class; Carnival; Fitness Class; Cooking Clinic; Quilting; Story Hour; Movie Night.

For more information please contact:

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